

Science Time

Program Content for March 16th, 2016

Read the article “**Study finds weight report cards don’t make students lose**” on page A6 of the Tuesday, March 15, 2016 edition of The Seattle Times.

Pre-reading and Vocabulary: Define each term and then use it in a sentence to demonstrate your understanding.

1. obesity
2. epidemic
3. proponent
4. critic

Comprehension Questions

1. What did a new study about being labeled as “fat” determine?
2. What does BMI stand for?
3. What information did the NYC school district give to students after weighing and measuring them?
4. What was the aim of the reports provided to students?
5. What did the Columbia University researchers discover from analyzing the reports?
6. How many children and adolescents nationwide were overweight or obese as of 2012?
7. Why do proponents like the reports?
8. Why do critics not like the reports?
9. Does current research demonstrate that the student reports decrease obesity rates?

Prompts and Extensions

1. Determine your body mass index (BMI) [here](#) and learn more about what BMI number means for children [here](#).
2. In this article there are some people who are for the reports provided to students about their weight and others who are against them. First, re-read the reasons why people feel certain ways about the reports (see your answers to questions 7 and 8), then talk with your peers about where they stand and whether or not you yourself would want one. Be prepared to defend and explain your position.
3. Learn more about how to live a healthy and active lifestyle. Visit the government sponsored website ChooseMyPlate.gov to get started.

Science Time is posted to the Web on Wednesdays. Please share this NIE Science Time program with other teachers. To sign-up for the electronic edition for your class, please register

Copyright © 2016 The Seattle Times Company