

NEWS BREAK

Sunday's News Break selects an article from Sunday, November 20, 2016 of The Seattle Times print replica for an in-depth reading of the news. Read the selected article and answer the attached study questions. **Please remember to always preview the content of the article before sharing with your students.**

Article: THE JOY OF BEING A HELP TO OTHERS (MAIN, A1)

Pre-Reading and Vocabulary

- *How have you helped others? Do you see your parents helping others-how?*
- *Were you brought up in a home where service is important?*
- *Have you or your family ever received help or an act of service? How did it make you feel?*
- *Does service bring joy to those serving? Why or why not?*
- *Have you heard of Hopelink before?*

Vocabulary: Match the words to the numbered definitions in the chart below.

A. confidence	1. to walk or find one's way on, in, or across
B. determined	2. steady in position or balance; firm
C. navigate	3. belief in oneself and one's powers or abilities; self-confidence; self-reliance; assurance.
D. poverty	4. decided; settled; resolved.
E. stable	5. a person who voluntarily offers himself or herself for a service or undertaking.
F. volunteer	6. the state or condition of having little or no money, goods, or means of support; condition of being poor.

Comprehension:

1. How has Hopelink helped Lewis and her family?
2. Hopelink is one of the 12 agencies that benefit from The Seattle Times' annual Fund For The Needy. The fund, which begins its _____th year today, has raised more than \$_____ million since it launched in 1979 — including a record \$_____ million last year.
3. Each year, large and small donations from readers go to organizations in the Puget Sound region that help people in need of everything from _____ to _____.

4. Fund For The Needy dollars benefit all corners of our community. How?
5. Hopelink operates five food banks in the region while offering basic services such as housing, education and transportation. Last year, _____ people used those services.
6. A January overnight count found _____ homeless people in King County, including more than _____ living on the streets.
7. What does Sound Generations do?
8. Sound Generations, previously known as Senior Services, has a team of about _____ volunteer drivers.

Group Discussion Questions or Extension Essay Questions:

“We help people become stable and help them get the tools and skill needed to exit poverty,” said Kris Betker, senior public-relations specialist.

In her six years with the organization, Betker has seen the power of a trip to the food bank. Many of those food banks are set up like grocery stores, where clients can browse shelves to find the food they want to take home.

- How would you help someone trying to become stable?
- What tools and skills would be needed for them to exit poverty?

The Lewises keep a garden plot out front where they grow peppers, cucumbers, artichokes and tomatoes.

“Teaching my kids to grow their own food is going to be the best thing for them if anything ever happens,” she said.

- Have you helped tend to a garden before? Why or why not?
- Do you think learning to grow your own food is an important life skill? Why or why not?
- Should gardening be taught in school? Why isn't it seen as more important?

“I didn't think I was going to be this person,” she said as she guided her minivan, piled full of food, back to the Carnation Hopelink. “This person I've been wanting to be, I've been dreaming to be. And in the last few weeks, I can see it happening.”

- How does hope paired with services help change the direction of people's lives?
- What are your dreams for your future? Who do you want to be and dream of being?

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Newsbreak Answer Key: November 20, 2016

Vocabulary

- A. 3
- B. 4
- C. 1
- D. 6
- E. 2
- F. 5

Comprehension Questions

1. Get an apartment for her family, enroll her kids in school and even helped her find a job at Papa Murphy's, where she has aspirations to become a manager.
2. 38th year today, has raised more than \$20 million since it launched in 1979 — including a record \$1.4 million last year.
3. Food to education
4. From children in foster care to teenagers applying for college to senior citizens. A full 100 percent of donations go directly to a dozen established, well-vetted charities.

Donations, for example, go to Sound Generations, where Columbia City resident Buzz McCollough has volunteered for more than six years. Mc-Collough drives Seattle senior citizens to appointments twice a week, happy to provide a hand on the walk to and from the car, and a friendly conversation about current events.

Fund For The Needy donations also helped The Salvation Army provide more than 86,700 bags of groceries last year to those who needed them. It helped Treehouse give 175,000 items such as clothes and school supplies to kids in foster care. And it helped Atlantic Street Center boost school attendance for Seattle students.

5. 64,400
6. 10,688 homeless people in King County, including more than 4,500 living on the streets.
7. They help older people navigate aging. Sound Generations' volunteer transportation program, which pairs volunteer drivers with local seniors who need rides to doctor's offices or other appointments.
8. 400